



November 2010



National Association of Women in Construction

Region 4 Newsletter

Enhancing the success of women in construction.

Message from the Director...

"Hem your blessings with thankfulness so they don't unravel."

Author Unknown

Tis' the month of remembering and counting our blessings. I hope you remember to count your blessings everyday and take moments to enjoy the simple things in life.

Region 4 has been busy this month. We started the month off with a wonderful APC hosted by the Indianapolis Chapter (see recap on page 4). With 92 in attendance, I could not have asked for a better 'first' as your Director. What an information packed and fun weekend!

Your chapters should be off and running into the new NAWIC year. It is a very busy time with work, family, holidays and NAWIC. Please remember to keep your chapter documents and records current. If your chapter has not turned in your IRS Compliance Forms yet, please remember that they are now due on November 1st and need to be submitted now. Thank you to those chapters that have already submitted their form!

Do you have an event, meeting or other NAWIC function you would like me to attend? I would like to visit as many chapters as I can. Please let me know in advance of your events and I will try to make every attempt to attend. I look forward to spending time with our chapters.

Lastly, I want to wish you and your families a very Happy Thanksgiving! Take that time to enjoy the simple things in life, eat lots of yummy food and maybe take a nap. Now that sounds like a holiday!

Melanie A. Myers , Region 4 Director

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Save the Date

Forum 2011
May 13-15
Lansing, MI

56th National Convention
August 31-September 1, 2011
St. Louis, MO

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Believe
Persevere
Dare

Regional Leadership 2010-2011

Chapter Presidents

#124 Akron
Mary Hosafros

#367 Bluegrass
Kim Hellmueller

#367 Bowling Green
Brenda Thompson

#64 Cincinnati
Jenny Mangas

#156 Cleveland
Amy Hewis

#86 Columbus
Amanda Martin

#183 Detroit
Laurel Johnson, PE

#79 Evansville
Connie Russell

#59 Ft. Wayne
Nancy Kopp

#282 Toledo
Teressa Schaafsma

#194 Grand Rapids
**Char Terpsma, CBT,
CCA, CDS, CIT**

#34 Indianapolis
Jayne Donnelson

#302 Kalamazoo/Battle
Creek
Myndi Bacon

#177 Lansing
Traci Brower

#374 Lima Ohio Area
Bethany Kimbler

#320 Lorain County
Kelli Moss

#97 Louisville
Angie Stokes

#311 NW Indiana
Jessica Vargas

#303 Terre Haute
Annette Houchin

National Board
Debbie Gregoire, CIT
President

Melanie Myers
Region 4 Director



Region 4 Committee Chairs

Construction Profession/Education

Fleet Fangman

Membership

Candy Riley, CIT

Memorials

Nancy Kopp

Newsletter

Mardi Gauer, CIT

PR/Marketing

Whitney Cecil

Carrie Russ

Safety & Health

Kathy Dobson, CIT, CHST, LEED AP

Website

Heidi Hitz

WICWeek

Rachel Heyboer

Block Kids

Anne Pflieger, CIT

Gina Frick, AIA, CIT, LEED AP

CAD/Drafting & Design Build/Garden Shed

Debbie Mazzola, CDS, CIT

Carla Klatt

NEF Liasion

Char Terpsma, CBT, CCA, CDS, CIT

NEF Fundraiser

Laura Herron



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To my NAWIC Sisters, Region 4 and across the country, on behalf of myself and my family, I would like to thank you all for your sincere and heartfelt condolences sent to us upon the recent death of my Father, Ralph Webb.

Just to hear from you by phone, card or your visit to the funeral home has helped to make my loss just a little easier. Dad had a good life and lived 95 years, missing his 96th birthday by just 10 days.

Again, thank you all,

Betty L. Goad

2002 -2004 Region 4 Director

APC Recap

The Region 4 Annual Planning Conference took place on November 5-6, 2010 in Indianapolis, Indiana. Indianapolis Chapter #34, welcomed the region Friday evening with a night of food, networking, NAWIC Store and a free massage. From 7pm-10pm, the room was bustling with laughter, hugs, conversations, a Pictionary game and the joyous sounds of money and NAWIC goods exchanging hands.

Saturday morning began with a general session that presented new and proposed national bylaw changes, pre and post con highlights, and regional committee highlights. The remainder of the day was set aside for the following workshops:

Chapter Presidents/Leadership Meeting- Melanie Myers, Region 4 Director

Chapter Treasurer Training, Jan Sullivan- CBT, CCA, CDS, CIT

Masonry Fixes

Are There Really New Chapter Members Out There?- Christine Parsons, CIT & Wendy Baxter-CIT, LEED AP

How to Make the Most of Your Chapter Committees- Melanie Myers, Region 4 Director

Home Depot Workshop- Door repairs

How to start NEF K-12 Programs and MAGIC Camp- NEF Region 4 Committee Chairs

So you want to be a NAWIC Leader?- Debra Gregoire, CIT-National President

Mold: Protecting your family

We rounded out this education packed day with a friendly game of NAWIC Jeopardy, an invitation to Forum 2011 in Lansing, Michigan and of course *RAFFLES!* With 92 attendees, the Region 4 APC was a success and kudos to the Indianapolis Chapter for all their hard work and dedication to the success of this event. The weekend could not have happened without the personal touches that APC Coordinator, Erika Miller and APC Registration Chair, Traci Hardin brought to the event. These ladies worked tirelessly to ensure that this event went off without a hitch. I truly appreciate all that the ladies of the Indianapolis Chapter were able to accomplish. I also appreciate all of Region 4 for allowing me to serve our region and all the support I have received from our members. This was an awesome first for this Director!

If you were unable to attend, please make sure you ask questions of your members that did. They came home with a wealth of information and are ready to share. If you have questions or need anything from me on this event, please contact me.

Melanie A. Myers, NAWIC Region 4 Director

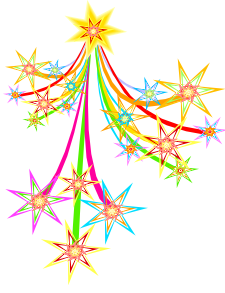
Region 4 Annual Planning Conference

NOVEMBER 5 – 6, 2010

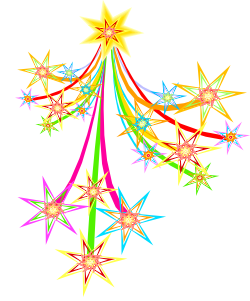
Hosted by the INDIANAPOLIS CHAPTER #34

Celebrating 50 Years

1960 -2010



Thanks



Many THANKS to the Indianapolis Chapter for hosting a very successful APC!

You all are

AWESOME!

Big thanks to  for her fantastic coordination skills and for making sure all your registrations were accounted for! 

Professional Workshops

Networking

You are invited



Region 4 Forum 2011

May 13-15, 2011

Hosted by Lansing Chapter #177

We will be celebrating the Lansing Chapter's 40th Anniversary

Location: Kellogg Center

On the Campus of Michigan State University, East Lansing, MI

Friday Night Welcome party will be a 70's theme party - bring your bell bottoms!

Further details to follow.

www.kelloggcenter.com



FIREKEEPERS
CASINO • BATTLE CREEK





Recently, I came across an article in my ASSE "Blueprints" newsletter by Emmitt J. Nelson. Mr. Nelson is a well-known expert in the construction industry and defined the concept "Zero Injury". Let's review at his definition. *Zero Injury is a company management position which defines the desire that any work be accomplished with a "no injury" result.* From this position comes a mindset unique to the definition. That mindset is that zero injuries are the expectation, and employee injuries are unacceptable. Additionally, companies will do whatever it takes to prevent the next injury. Safety becomes a value rather than a priority.

Keep in mind as we review the techniques that companies use to reach zero injuries is that almost all workdays in the work year are performed with zero injuries. So, there are many, many days when we have injury-free or recordable-free days. The goal is to increase the number of injury-free days one day at a time.

S&B Engineering & Construction in Houston, Texas holds the cur-

rent record of almost **4,258,000 labor hours without a recordable injury.** Their Safety Director says they are "a safety company that does construction."

Several safety management techniques unique to companies with the best safety records are as follows:

1. demonstrated management commitment
2. staffing for safety
3. safety planning
4. safety training & education (including new employee orientation)
5. worker participation & involvement
6. recognition & rewards
7. subcontractor management of safety
8. accident/incident reporting & investigation

drug & alcohol testing

Other concepts include:

- a. management involvement in incident investigations
- b. evaluations based on

safety performance

- c. site-specific safety plans
- d. pre-task evaluations of the work conducted by the Foreman
- e. safety training
- f. worker-to-worker safety observations
- g. near-hit reporting

audits and assessments of work conducted

This is a costly endeavor, but the return on investment is well over 100% when companies eliminate substantial numbers of injuries, and some companies have seen an ROI over 500%. Investing in elimination of employee injuries is an easy decision when faced only with economics. It is even easier when you can calculate the humanitarian benefits of working safety.

Look at your own work, and your own approach to safety. If you can't say you're doing the above items, then you may be one of the contributing factors to incident and injury occurrence on your projects without ever realizing it.



Candy Riley, CIT

Membership

Congratulations Region 4 for your hard work in retaining your membership and adding new members. Many of our chapters have met their 2 new member goal for October 1st thru October 31st and we still have a few more days to continue the recruitment. So far Region 4 has 61 new members. We will have Louisville chapter share their method of recruiting 28 new members. We will share all of our successes at Annual Planning Conference in Indianapolis, Indiana on November 4th & 5th.

Remember the Value of your Membership and How to apply it to Recruiting and Retaining Membership. Have each member share their NAWIC Success.

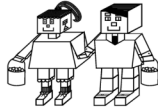
Education, Networking, Accomplishments, Confidence

You are the Winner!

Have you started brainstorming and planning? If not, you should be..... I will be asking for your commitment forms at APC. This is not just a chapter event...it is a regional event...it is a national event. Let's show that Region 4 knows how to promote NAWIC in our local areas and that we are excited to be part of NAWIC! Remember this takes the participation of your entire chapter, so please make sure you are helping any way that you can. Your chapter needs you!

Coming together is a beginning. Keeping together is progress. Working together is success. - Henry Ford

Block Kids



Anne Pflieger, CIT and Gina Frick, AIA, CIT, LEED AP

In last month's newsletter, we requested that the Chapter President or a Chapter Delegate forward the contact information of your Block Kids Committee Chair to anne.pflieger@charlesinc.com and gfrick@garmannmiller.com because there is some information obtained from Convention that we would like to forward. We have only received contact information for Chapters 64, 177, 282 and 374. If you have your date picked out, please also include that.

If you have any questions concerning the Block Kids Building Program, please don't hesitate to contact us.

CAD/Design/Drafting & Garden Shed

Debbie Mazzola, CDS, CIT and Carla Klatt

Now is the time to contact high schools that offer CAD about incorporating NEF's CAD/Design/ Drafting Competition as part of their lesson plan or as an extra activity for students to compete. There are letters on the website to help you take this first step. Also send them the problem to look over.

This year's competition is a residential project to build a house to fit into an older neighborhood for the Walkers to include the criteria specified in the design problem.

For the Garden Shed Project, I am issuing a challenge to all Region 4 Chapters to initiate a Garden Shed Project for members of their Chapter as a practice run for a Garden Shed Project for a middle school group of students.

These are exciting programs designed for students to become a little more familiar with aspects of the construction industry. Visit the NEF website at www.nawiceducation.com for all the information that you need including step-by-step directions to implement these programs.

Please send me the name and e-mail address of your CAD/Design/Drafting Chairperson for the 2011 competition. In January I will need the completed participation sheet for CAD/Design/Drafting as found on the NEF website. In addition, tell me about your Garden Shed project. I am eager to hear your progress. My



"You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose." ~Dr. Suess



Chapter Highlights

Akron #124 - Our October meeting was held at The Mustard Seed Cafe. We had Vincent Norwillo from Gonzalez, Saggio, Harlan LLP speak to us on MBE/FBE/EDGE. It was very interesting but too short since a last minute change in his schedule caused him to need to catch a flight that evening for a trip to Washington DC for his work. We also installed 3 new members after the dinner. Welcome Lindsay Kish (our new newsletter editor), Sarah Markley, and Elaine Ohm.

Cleveland #156- The Cleveland Chapter had a great time “Discovering the Treasures” of NAWIC at our October Membership Meeting. After dinner and the meeting portion were adjourned, everyone separated into groups and went around 10 tables that Committee Chairs had set up. The 10 tables included Industry Appreciation, Membership, WIC Week, Block Kids, MAGIC Camp, Community Service, Professional Education, Fundraising, the Holiday Social and NEF. With 45 members and 23 guests in attendance, it certainly made for a fun way to learn about all the different activities our Chapter does each year and gave our guests a variety of good reasons to potentially join. Thank you to our Membership Chairs - Carol Kempton, Rachel Moviel & Michele Sevchek for putting together such a unique event.

On October 24th we had a Bowling Party Fundraiser to raise money for MAGIC Camp, and come November, we will have Jane Butram speak to our Chapter about the SMART method of Self Defense; just in time for all that crazy holiday shopping! Also at our November meeting will be our annual 50/50 Raffle and Ornament exchange to raise money for the Applewood Center Holiday Party. Thank you especially to VIP Restoration, Inc. for once again sponsoring this worthwhile event!

Columbus #86 We had an amazing turn-out for our annual Block Kids Building Competition. Due to the growing popularity of the event, and higher registration numbers from students, we expanded the competition into 2 sessions. We had tremendous support from sponsors, donations from area businesses, and strong commitments from local professionals in the construction industry who assisted as judges. The students and judges had a great time, we may even have several new members joining our chapter because of their involvement with Block Kids!

Several members have expressed an interest in attending the upcoming APC in Indianapolis and look forward to learning the successful traits necessary to have an impact in the community, spread the word about NAWIC and the benefits of becoming a member.

Detroit #183- October's meeting was held at Planterra in West Bloomfield. Planterra is the leading interior landscape firm serving the Midwest and is the preferred vendor among architects and interior designers. We were given a tour of the new Conservatory Building by the president, Shane Pliska and he shared the history of the company and discussed the concepts behind their award winning living walls and large scale botanical displays. October also marks our Chapter's 39th Anniversary. We are very proud of all our present members who carry on the traditions of NAWIC and the past members who showed us how to be successful and dedicated.

Grand Rapids Chapter #194 - We welcomed and installed 4 new members to our chapter at our October meeting! We also recognized several members who had perfect attendance during the 2009-10 year. Members had fun shopping at our holiday bazaar which was held prior to our meeting. Next month we are encouraging each member to bring a potential member as a guest and our program will feature NAWIC 101. Our Block Kids committee is busy planning our February event and has already reserved an event location and distributed the flyers. This year we are teaming up with the local fire department to put on a program for the kids regarding fire fighting and/or prevention while they are waiting for the judges to announce the awards!

Lansing Chapter #177- The Lansing Chapter held a Tomboy Tool Party Fundraiser as it's October general membership meeting where we had an informative demonstration of many of the tools available. Proceeds are going to benefit Forum 2010-2011. Jane M Smith was instrumental in installing Megan Jacobs as the 2010-2011 Treasurer and she also installed our newest member, Shawn Hunter.



Chapter Highlights (cont.)

Toledo #282- The Toledo Chapter has been extremely busy. We just held a Meet and Greet at Owens-Corning Headquarters. We had over 30 guest show up and as a result have several new potential members. The night was not only successful but fun! Also there are four members that will be attending APC; and everyone is looking forward to all the learning and networking opportunities. Our new Officers and Board members are busy and doing a great job getting our year off to a wonderful start!

Kalamazoo/Battle Creek #302- We held our annual joint golf outing with AIA and CFMA. We had a great turnout and raised money for our scholarship fund. Our October meeting was held at TGI Friday's where our newly elected officers and directors were installed for the 2010/2011 NAWIC year with a rose ceremony. Dave Jewel, CPA from Yeo & Yeo CPA's and Business Consultants gave an informative presentation on Health Care Reform and how it will affect individuals and businesses.

If you would like to have your chapter included in 'Chapter Highlights', please submit these to Melanie Myers, Region 4 Director, no later than the 25th of each month.

Bragging Rights

Cleveland Chapter

Congratulations to Long-time NAWIC Member and Past President of the Cleveland Chapter - Carol Duskocil, Class of 1958 for being awarded the Prestigious Women of Fenn Award from Cleveland State University. A brunch was held on October 23rd to present her with this very esteemed honor.



Detroit Chapter In September the Chapter hosted their 3rd Annual Fundraising Golf Outing at Fieldstone Golf Club in Auburn Hills. It was a beautiful day for golf and everyone who participated had a great time. The proceeds from the outing are to be used for the Chapter's scholarship and educational funds.

Lansing Chapter Our chapter participated in the Making Strides Against Breast Cancer. Barb Strachan reported that Team NAWIC raised over \$1660.00 for breast cancer. Way to go Team NAWIC!!

Member Company News!

Member company, Meyer-Najem, Construction, LLC recently received the prestigious Associated Builders & Contractors of Indiana Excellence in Safety Program Award as the Safety Prime Contractor. Meyer-Najem also received recognition for a STEP (Safety Training Evaluation Process) Award.

The STEP awards recognize the efforts of ABC Members who consistently strive to achieve effective best safety practices on jobsites and provides contractors with a tool to objectively evaluate their safety programs, policies and procedures.

Indianapolis Chapter Member Traci Hardin, CIT of Meyer-Najem was a previous National Safety & Health Committee Chair.