

JANUARY 2011



National Association of Women in Construction

Region 4 Newsletter

Enhancing the success of women in construction.

Message from the Director...

Happy New Year!

I hope this finds you all getting back into the groove after all the holiday festivities. As I see via your chapter newsletters, all our chapters have been very busy. We are definitely enhancing the success of women in construction!

WIC Week is just around the corner beginning March 6th-March 10th. Thank you Region 4 for once again committing 100% participation! You all have some great events planned and I wish you much success. I am ready, able and willing to travel, so if you have a special WIC Week event I could attend let me know. I would like to see you all!

I hope you have reserved a spot in your calendar for Forum in Lansing on May 13-15th. We have many great workshops, activities, speakers and yes, some **FUN** planned. If you have never attended a Regional Forum, please join us for your first 'out-of-chapter' experience. You will not be disappointed! Registration flyers and forms will be available in February.

With Forum comes our annual regional awards. Please be on the look out for more information from our Regional Committee Chairs. There are already two published in this newsletter. This is the time for your chapter to shine, so make sure to pay close attention to all the deadlines. I will also pass these along to the chapter president's as I receive them. Please contact the respective Chair should you have any specific questions.

Best wishes in the new year and keep up the good work!

Melanie A. Myers , Region 4 Director

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Save the Date

Forum 2011
May 13-15
Lansing, MI

56th National Convention
August 31-September 1, 2011
St. Louis, MO

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Believe
Persevere
Dare

Regional Leadership 2010-2011

Chapter Presidents

#124 Akron
Mary Hosafros

#367 Bluegrass
Kim Hellmueller

#367 Bowling Green
Brenda Thompson

#64 Cincinnati
Jenny Mangas

#156 Cleveland
Amy Hewis

#86 Columbus
Amanda Martin

#183 Detroit
Laurel Johnson, PE

#79 Evansville
Connie Russell

#59 Ft. Wayne
Nancy Kopp

#282 Toledo
Teressa Schaafsma

#194 Grand Rapids
**Char Terpsma, CBT,
CCA, CDS, CIT**

#34 Indianapolis
Jayne Donnelson

#302 Kalamazoo/Battle
Creek
Myndi Bacon

#177 Lansing
Traci Brower

#374 Lima Ohio Area
Bethany Kimbler

#320 Lorain County
Kelli Moss

#97 Louisville
Angie Stokes

#311 NW Indiana
Jessica Vargas

#303 Terre Haute
Annette Houchin

National Board
Debbie Gregoire, CIT
President

Melanie Myers
Region 4 Director



Region 4 Committee Chairs

Construction Profession/Education

Fleet Fangman, CIT

Membership

Candy Riley, CIT

Memorials

Nancy Kopp

Newsletter

Mardi Gauer, CIT

PR/Marketing

Whitney Cecil

Carrie Russ

Safety & Health

Kathy Dobson, CIT, CHST, LEED AP

Website

Heidi Hitz

WICWeek

Rachel Heyboer

Block Kids

Anne Pflieger, CIT

Gina Frick, AIA, CIT, LEED AP

CAD/Drafting & Design Build/Garden Shed

Debbie Mazzola, CDS, CIT

Carla Klatt

NEF Liasion

Char Terpsma, CBT, CCA, CDS, CIT

NEF Fundraiser

Laura Herron



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Professional Workshops

You are invited

Networking



Region 4 Forum 2011

May 13-15, 2011

Hosted by Lansing Chapter #177

We will be celebrating the Lansing Chapter's 40th Anniversary

Location: Kellogg Center

On the Campus of Michigan State University, East Lansing, MI

Friday Night Welcome party will be a 70's theme party - bring your bell bottoms!



WIC Week 2011



March 6 - 12

Thank You Region 4 for 100% Commitment!

CAD/Design/Drafting

Garden Shed Project

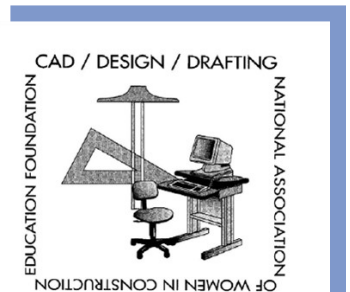
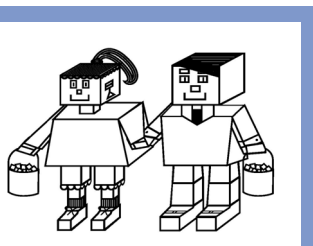
Debbie Mazzola, CDS, CIT And Carla Klatt

Please submit the name and e-mail address of your CAD/Design/Drafting Chairs to me as soon as possible, if you have not already done so.

Also, the Regional Applicant Submittal Form is due to me by January 12th. This is page 19 of the competition guidelines posted on the NEF website. The main purpose of this form is to make an estimated determination of how many participants are anticipated for this year's competition.

For the Garden Shed Project, I am issuing a challenge to all Region 4 Chapters to initiate a Garden Shed Project for some members of their own Chapter as a practice run for a Garden Shed Project for a middle school group of students. Please send me a short written report regarding your experiences to be published in the Regional Newsletter for sharing with our fellow chapters.

These are exciting programs designed for students to become a little more familiar with aspects of the construction industry. Visit the NEF website at www.nawiceducation.com for all the information that you need including step-by-step directions to implement these programs. Also, feel free to contact myself dmazzola@gilbaneco.com or Carla with any questions you may have or any assistance that you may require.



Can you answer these questions about key OSHA regulations?

Kathy Dobson, CIT, CHST, LEED AP

1. According to OSHA's personal protective equipment standard, employees must be trained to know 5 basic pieces of information about PPE. What are they?
2. Define "exit route" under OSHA's general industry means of egress standards (29 CFR Subpart E).
3. What 5 things must OSHA show in order to cite an employer for workplace safety hazards under the General Duty Clause?
4. What requirements pertain to OSHA Form 300A?
5. What are the training requirements under the emergency action plans standard (29 CFR 1910.38)?

Answers

1. Employers must provide training to each employee who is required to use PPE. Employees must be trained to know at least:
 - When PPE is necessary
 - What PPE is necessary
 - How to properly don, doff, adjust, and wear PPE
 - The limitations of the PPE
 - The proper care, maintenance, useful life, and disposal of the PPE
2. An "exit route" is a *continuous* and *unobstructed* path of exit within a workplace to a place of safety (including refuge areas). It consists of three parts: the exit access, the exit, and the exit discharge. An exit route includes all vertical and horizontal areas along the route.
3. An employer will be found to be in violation of the General Duty Clause if it can be shown that all of the following occurred:
 - A hazard existed
 - The hazard was likely to cause death or serious physical harm
 - The employer knew of the hazard or should have known because the hazard had been recognized by the employer, the industry, or common sense
 - The hazard was foreseeable
 - Workers were exposed to the hazard
4. OSHA Form 300A is the Summary of Work-Related Injuries and Illnesses.
 - The summary is a list of injuries and illnesses that were recorded on the OSHA 300 Log during the previous calendar year. The summary has to be posted in the workplace from February 1 to April 30 each year.
5. The standard requires employers to review the emergency action plan with each employee. Training should be conducted:
 - Initially, when the plan is developed
 - For all new employees
 - When an employee's job, responsibilities, or location under the plan change
 - When the plan has changed

CONSTRUCTION, PROFESSION, EDUCATION REGION 4 FORUM CONTEST

Construction, Profession, Education is the “meat” of our organization. Successful programs, events, community involvement, and educational opportunities expand the opportunities for us to enhance the success of women in the construction industry. We do this through promoting construction related topics; professional growth and development; educational opportunities; and providing speakers and programs with topics of interest to our members. Advance planning helps insure the success of the program or event and allows time for us to promote and advertise to encourage participation by our members, community, partnering organizations, and other interested participants.

Construction, Profession, Education announces the Region 4 Forum Contest! This is an opportunity to share your chapter’s successful events. Rules: each chapter may submit their most successful event which can be membership meeting speaker/program; community involvement project; educational event; NEF program; personal growth & development opportunity, etc. The event dates must be between October 1, 2010 through March 31, 2011. Completed contest forms must be submitted by March 31, 2011 (via e-mail) to qualify for the contest (limit one per chapter). All submissions will be judged and awards presented at Forum in May.

Please see the attached contest form and remember to e-mail your response by March 31, 2011 to:

Please e-mail completed form to: ffangman@megenconstruction.com

Thank you for your participation! Fleet P. Fangman, CIT

Region 4 Committee Chair - Construction, Profession, Education

If you would like an electronic version of the contest form, please e-mail your request. The form will be e-mailed to the Construction, Profession, Education committee chair and chapter president.

The form is attached to the email for this newsletter.



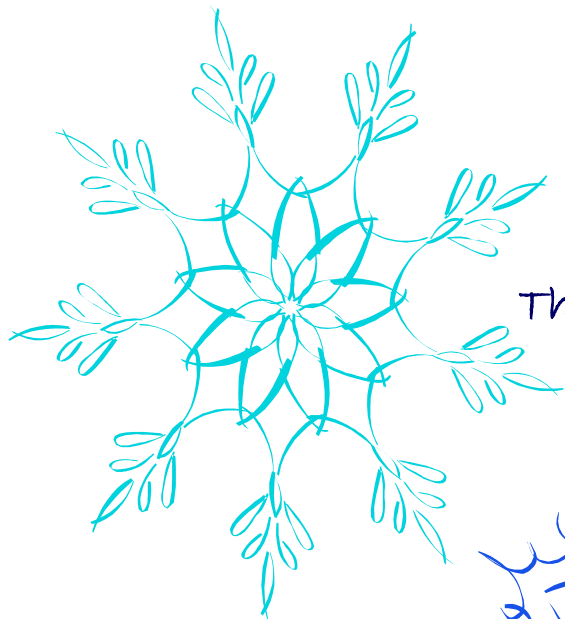
Nominations due to the NAWIC Office by March 17, 2011

Regional Safety Excellence Award 2010-2011

The purpose of the Safety Excellence Award is to recognize those companies who excel at safety performance. Each candidate will be examined for their commitment to safety, occupational health management and risk control. Judges will look for evidence of company management commitment, active employee participation, safety training, work site hazard identification and control, and safety program innovation.

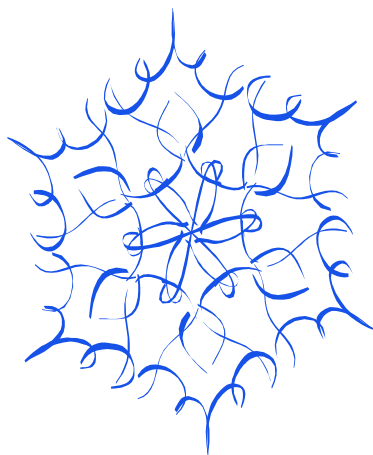
Participants will be required to complete the attached application form. The application form must be filled out completely to qualify. If there are portions of the form that do not apply mark an N/A response. Chapters will select three finalists and submit those recommendations to your Regional Safety chair no later than **5:00 pm on March 20, 2011**. An independent committee will review the submissions and the winners will be notified at the Regional Forum. A winner will be chosen for each category (Construction Company and Construction Related Industry Company).

The form is attached to the email for this newsletter.



*The future belongs to those who believe in the
beauty of their dreams.*

Eleanor Roosevelt





Chapter Highlights

Akron #124- Our Chapter doesn't have a conventional meeting in December. Instead we have the opportunity to attend several holiday parties. A number of our members attended the joint CSI-AIA-NAWIC party. It is a nice evening to socialize. We also bring gloves, hats and scarfs which are given to the local boys & girls club in the area. We also filled a table of 10 at the SANEO (Subcontractors Association of North East Ohio) party. This party had almost 500 in attendance. I'd also like to welcome our newest member Janie Hovan from Complete Hydraulic Service to our chapter.

Bluegrass Chapter #367 - This month our chapter wrapped three celebrations into one great evening. On December 7, our former president, Elaine Boyd, graciously hosted a party celebrating our ninth anniversary, the upcoming holidays and the impending births of two future NAWIC members due in February to members Cori Withers and Stacia Sharff. We would like to take this opportunity to wish all of Region 4 a safe and happy holiday season. Good luck to all in the New Year!

Cincinnati Chapter #64- The Cincinnati Chapter celebrated the Holiday season on December 14th at the Fireman's Lodge in Silverton for our Holiday Social. We had another great turnout for dinner and a white elephant gift exchange. The gifts were exceptional this year, to a talking horse cookie jar, several bottles of wine and items that people went to their basement/garage sales to find. We say goodbye to another great year and look forward to a prosperous 2011.

Cleveland #156- Cleveland Chapter #156 ended the 2010 year with a variety of wonderful holiday activities. Vicky Weber of Fortney & Weygandt chaired our Annual Applewood Holiday Center party where several members helped out with face painting, crafts, serving food & bringing holiday spirit to roughly 40 families in attendance. Great job Vicky - it will be a challenge to top this year's party! Also this past month, Cleveland's December meeting marked the 7th Annual Joint Association Holiday Social that Mary Carrossellia of Simplex-Grinnell and Karen Torrence of Custom Millwork Designs co-chaired. Besides NAWIC, there were 12 other Associations in attendance including members from AGC, AIC, ASHRAE, ASPE, AWI, BX, CEA, CFMA, CMAA CSI, MAPIC, and OCA present and overall we had 165 people in attendance! The evening's energetic entertainment was provided by the Akron Steel Drum Band and our annual Chinese Auction and 50/50 Raffle, which Lynn Galardini did a great job handling also took place. Proceeds from the Auction were split up between three charities; The Gathering Place, Women Safe, Inc. and Providence House while proceeds from the 50/50 raffle are being directed for use in our Chapter Scholarship Fund. It was a wonderful event and many people remarked that it truly got them into the Holiday spirit! Many thanks to Mary, Karen & Lynn for making this a memorable NAWIC meeting! Coming up will be a wall paper removal Work Crew project, volunteering at the local food bank, NAWIC 101 & Block kids!

Columbus Chapter #84- In the spirit of Christmas, several of our members arrived at Westminster Thurber Community to sing carols to the residents of the skilled nursing unit. It was such joy seeing faces light up, and residents sing along with us. We've also been collecting items the past 2 months to donate to Faith Mission, a local area social services organization that provides shelter, meals, life skills, and spiritual counseling to the less fortunate in Columbus, Ohio. Columbus is a special city, we are a community thriving from relationships and the good-will of others, NAWIC Chapter 86 is no exception.

Detroit #183- Our Holiday Party was held at Plum Hollow Golf Course in Southfield, Michigan, on Wednesday December 8th. The focus of our annual Holiday Party was an evening of thanking our employers for their support and commitment to NAWIC. We members also had the opportunity to educate and inform our respective bosses and co-workers about our various activities and scholarship programs. In order to implement our various scholarships we had a tin can raffle funded by donations from individual members and/or donations from the NAWIC member's employer. Our chapter partnered again this year with Viazanko Construction Services, providing toys for Operation Snow Pile to benefit hospitalized children. Honoring the support of our respective companies, giving to a worthy cause and funding our various scholarships and projects was a very good way to end our year and to look ahead to a successful 2011.



Chapter Highlights (cont.)

Grand Rapids Chapter #194 - Chapter #194 members wanted to give back to the community this Christmas season so we helped serve a meal to approximately 200 homeless at God's Kitchen. Giving our time for this service project was a very heart warming experience. Afterwards we gathered for a Christmas potluck at Pleune Service Co. Our poinsettia fundraiser organized by Barbara Nugent, CDS, CIT was a huge success. As we begin the New Year, our Membership committee chair, Faye Staskewicz has initiated a membership recruiting competition to continue growing our chapter! Our Block Kids committee is working hard to prepare for our event on February 12, 2011. We would like to wish all of you a successful and Happy New Year!

Lima Chapter #374- Every December, our chapter has a Christmas social where our meal is catered, we'll have a meeting and then a gift exchange. This year, we decided to give gifts, but not to each other. We decided to "Adopt-A-Family." It started out we would donate \$10 then purchase some toys for the kids and bring some household items that were not covered by food stamps. Our family was a young woman with (2) small children. A 3 year old and a 6 month old. When we gathered at Wendy Baxter's home last evening (16th), it was an explosion of giving. For the last several weeks, we would send emails to each other about what we had already gotten. Let me tell you, the lists were HUGE. Kim Neeley, our chapter's vice president did all the organizing, keeping track of the items we were giving, and delivering them to Allen Co Children Services. Thank goodness she has a big SUV. When we packed up her vehicle last evening, she almost could not see out the back window. Plus, we all gave cash. Our chapter is small, only 12, but you would never know it by how much was given last evening. You'd think there was 50 women in our chapter. Christmas time is commercially about gift giving, but our Christmas time this year is about helping those in need. CHRIST is Love!!!

Lansing Chapter #177- The Lansing Chapter held their Holiday Christmas Party on December 8, 2010, at the Spartan Hall of Fame Café. It was a fun and festive evening with pretty decorations and favors for each guest. Each member brought a wrapped ornament, and we held our "exciting" ornament exchange after dinner, and everyone went home with a new ornament for their tree. We collected "Angel Gifts" for the children at St. Vincent's Children's Home. At the November meeting, each member wanting to participate in the giving, chose an Angel Card with a child's name and age, along with a brief description of the item they wanted for Christmas. At the December party, these gifts were brought by the members who had taken a card, and the gifts were going to be delivered to St. Vincent's the following day. A collection of Christmas cards for soldiers was also held at our party, by members who wanted to write a sentiment in a card to be sent onto a member of our armed services. Jane Smith gave out a small wrapped bag of homemade and decorated gingerbread cookies to each member; which were yummy! It was a fun evening, and we had several guest present.

If you would like to have your chapter included in 'Chapter Highlights', please submit these to Melanie Myers, Region 4 Director, no later than the 25th of each month.

Bragging Rights



Cincinnati Chapter

The Cincinnati Chapter would like to congratulate Kelly Hollatz, owner of First Star Safety for receiving the 2010 Woman of the Year. Each year *Cincy Chic's* Woman of the Year awards recognizes seven women.